

Walk a Letter

Primary Objectives

- 4. Demonstrates traveling skills
- 16a. Identifies and names letters

Why It's Important

Children often are eager to learn about letters so they can use those letters in their everyday activities. You can increase your child's understanding of a letter's features and the way in which it is formed through this motor activity. Reinforcing letter concepts will help him identify and write letters.

Materials

Masking tape; letter manipulatives or small cards with one letter on each that spells your child's name

What You Do

1. Invite your child to choose one or two letters from the collection of cards. Ask your child to identify the letter(s) he has chosen. Talk about each letter's features. *Yes, this is an N. It has three straight lines.*
2. Explain to your child that you will use the masking tape to make a large version of the letter on the floor. Ask your child to assist you in creating the masking-tape letter.
3. Next, invite him to move along the tape. Think of various ways for your child to move along the lines. *Can you walk along the line with one foot in front of the other?*
4. Continue the activity by creating additional letters. Each time you add a letter, prompt your child to identify it and talk about its features.
5. Invite your child to move creatively along the various letters. Continue the activity for as long as he is interested.