Busy Hands

Primary Objectives

8a. Comprehends language

Why It's Important

Interactive songs and fingerplays give children an opportunity to do several things at once: listen, watch, move, and sing or talk. Songs and fingerplays also involve your child in language experiences that build vocabulary and encourage them to explore the sounds of words (such as with rhyme and alliteration).

Materials

Words to "Right Hand, Left Hand": This is my right hand. I raise it up high. This is my left hand. I'll touch the sky. Right hand, left hand, roll them around. Right hand, left hand, pound, pound, pound. Right hand on my shoulder. Left hand on my knee. I'll clap them together: one, two, three; words to "Look What My Hands Can Do!": Hands upon my head, I place upon my shoulders. On my face, by my waist, by my side, then behind me they will hide. I can raise them way up high and let my fingers fly, fly, fly. Clap, clap, clap. One, two, three. See how quiet they can be.

What You Do

- 1. Invite your child to join you in a new fingerplay. Encourage her to listen closely to the words, watch you, and follow along. Make sure to say the rhyme slowly to help your child become familiar with it. *Watch my hands during the rhyme. You'll see that they move just like the rhyme says.*
- 2. Repeat the rhyme and encourage your child to join in and copy your hand movements. Invite her to say the words when she is ready. *I'm going to say the rhyme again. Do you want to join me?*
- 3. Continue the activity with any other familiar fingerplay rhymes.
- 4. Repeat this activity when your child is interested. Encourage her to share the fingerplay with others.